

Blessed

(Psalm 1:1-6)

- Introduction:
1. The very first psalm in the book of Psalms develops a familiar way of teaching seen in the Bible.
 2. It contrasts the righteous with the unrighteous.
 - a. Cain & Abel.
 - b. Jacob & Esau.
 - c. David & Saul.
 - d. Barnabas & Ananias and Saphira.
 - e. Demetrius & Diotrophes.
 3. These contrasts help us to more clearly see the choices we have in life; the paths we take and the destinies at which we will arrive.
 4. While there is a clear contrast between two ways of life, there are actually three people discussed in this chapter...let's examine.

I. The Man Who Is Blessed

- A. (Psalm 1:1-2).
- B. The progression of sin is identified [Walk, Stand, Sit] (1 Corinthians 15:33).
- C. Sometimes we need to flee sin (Genesis 39:12; 1 Corinthians 6:18; 1 Peter 2:11).
- D. Our "delight" should be in the law of the Lord (v. 2).
- E. He meditates - literally "mutters" day and night.

II. The Man Who Blesses

- A. (Psalm 1:3).
- B. God blesses us that we might be a blessing to others.
- C. (2 Corinthians 1:3-4).
- D. As we bear fruit, others are blessed.
- E. (Galatians 5:22-23).

III. The Man Who Needs Blessed

- A. (Psalm 1:4-6).
- B. Those who are ungodly are described as "chaff."
- C. The sad thing is that they don't know it.
- D. There's a day of reckoning; a day of judgment in which the chaff shall be burned (Matthew 3:7-12).
- E. (Matthew 7:21,23).

- Conclusion:
1. Notice how the psalm begins with "blessed" and ends with "perish."
 2. We need a balanced view of God.
 3. If your view of God doesn't see him punishing ungodliness and the wicked perishing, then you need to re-envision according to the Scriptures.
 4. We have a choice: We can either walk in the ways of God be blessed by and bless others, or we can walk in our ways and perish.